

## Seven Prayers That Heal the Heart - Adapted for Intercessors Praying for Others

We prefer to see people do their own prayer work. However, there are times when an intercessor may be called upon to pray and intercede for another. This surely is biblical as God has ordained intercession. Some examples of intercession would include a parent praying for their child, or one praying for their spouse or friend. And we are to pray for those in authority over us, so there is no reason these prayers could not be applied to localities, communities, groups of people, and nations. Below is an adaptation of the [Prayers That Heal the Heart](#) by Mark and Patti Virkler into a format for intercessors.

### A Few Verses on Deliverance

*"Lord, even the demons submit to us in Your Name." Luke 10:17*

*"A woman (a gentile) whose young daughter had an unclean spirit heard about Him...She kept asking Him to cast the demon out of her daughter...Then He said to her, 'For this saying go your way; the demon has gone out of your daughter.' And when she had come to her house, she found the demon gone out, and her daughter lying on the bed." Mark 7:25,26,29,30*

*"Now He was teaching in one of the synagogues on the Sabbath. And behold, there was a woman who had a spirit of infirmity eighteen years, and was bent over and could in no way raise herself up. But when Jesus saw her, He called her to Him and said to her, 'Woman, you are loosed from your infirmity.' And He laid His hands on her, and immediately she was made straight, and glorified God...ought not this woman, being a daughter of Abraham, whom Satan has bound—think of it—for eighteen years, be loosed from this bond on the Sabbath?" Luke 13:10-13,16*

*"I do nothing of Myself (of my own accord or on my own authority), but I say exactly what My Father has taught Me...He Who sent Me is ever with Me." John 8:28,29*

*"Cast out demons. Freely you have received, freely give." Matt.10:8*

## Demonic Strongholds/Clusters

Here is a list of demonic strongholds to be mindful of when praying. Most come directly from Mark Virkler's book, [Prayers that Heal the Heart](#).

**Cluster 1: anger**, hatred, malice, rage, murder, temper, cursing, vengeance, retaliation, violence, abuse, cruelty, sadism, unforgiveness, bitterness, being judgmental or critical, taking offense easily/ irritability, anger towards men or women, anger towards mother or father, anger towards authority, anger/ resentment towards God

**Cluster 2: fear**, fear of man, fear of authority, doubt/ unbelief, dread, worry, anxiety, fear the worst will happen, fear of various illnesses such as cancer, fear people will get angry with you or won't like you, spirit of false responsibility, spirit of rush

**Cluster 3: abandonment**, desertion, divorce, rejection, neglect, victimization, blocked intimacy, not valuing people/ relationships/ ending relationships, burning bridges, isolation, loneliness, self-pity

**Cluster 4: shame**, anger, condemnation, disgrace, embarrassment, guilt, hatred, self-hate, self-pity, withdrawal, hiding/ antisocial. timidity, inferiority

**Cluster 5: lying**, cheating, theft, deception, trickery, untrustworthiness, adultery, emotional adultery, denial, self-deception, secretiveness, hiding purchases/ activities/ relationships

**Cluster 6: financial lack**, belief in poverty, robbing God by not tithing, not believing in covenant blessings, greed, covetousness, debt, dishonesty, idolatry of possessions, failure

**Cluster 7: addictions**, alcohol, tobacco, drugs, food, sugar, coffee, chocolate/ sweets, pornography, sex, flirtation, junky magazines/ websites/ TV shows/ movies, overeating, drinking too much alcohol, anything you cannot do in moderation

**Cluster 8: sensuality**, lust, fantasizing/ coveting another's mate, flirtation, premarital sex, sexual abuse, fornication/ adultery/ emotional adultery, demonic sex, pornography, bondage/ control, rape, incest

**Cluster 9: depression**, rejection, despair, helplessness, hopelessness, sadness, self-pity, withdrawal, suicide

**Cluster 10: grief**, sorrow, despair, heartbreak, loss, pain, torment, weeping, anguish, agony

**Cluster 11: mental instability**, mental illness, compulsions, confusion, hysteria, paranoia, schizophrenia, insanity

**Cluster 12: pride**, arrogance, disdain, selfishness, control/ pushiness, independence, callousness/ lack of concern for others, gossip

**Cluster 13: procrastination**, sloth, laziness, distraction/ confusion/ lack of focus, not thinking things through before acting, speaking or writing e-mails, lack of organization/ preparation, lateness/ tardiness, missing appointments/ phone calls

# Seven Prayers That Heal the Heart for Others

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## 1. Break generational sins and curses

On behalf of \_\_\_\_\_, I confess and repent of his/her ancestors', parents', and his/her own sin and resulting curses of (list all of them).

Please forgive \_\_\_\_\_, and his/her parents, and help them all to receive Your forgiveness, and to forgive themselves, in Jesus' Name.

I place the cross of Jesus Christ between \_\_\_\_\_'s ancestors and parents and \_\_\_\_\_, as a baby in his/her mother's womb. I command all these sins and curses to be halted at the cross of Jesus Christ, and for freedom and release from them to flow down from the cross of Jesus Christ to \_\_\_\_\_ in his/her mother's womb, in Jesus' Name.

## 2. Sever ungodly soul ties

On behalf of \_\_\_\_\_, I confess and repent of his/her sin of ungodly soul ties with all others, formed at any time throughout his/her life.

Lord, please cut all these ungodly soul ties, and restore the broken or torn portions of his/her soul. Please remove anything that came into him/her through these soul ties, sins and curses, or any other way, and please bring back anything godly that was stolen from him/her, in Jesus' Name.

## 3. Renounce negative beliefs and inner vows

On behalf of \_\_\_\_\_, I confess and repent of any negative beliefs and inner vows that resulted from these sins and curses, and I ask You, Lord, to replace them with countering divine truths, and help \_\_\_\_\_ to live by these divine truths, in Jesus' Name. \_\_\_\_\_ will know the truth and the truth will make him/her free, in Jesus' Name!

## 4. Break word curses

On behalf of \_\_\_\_\_, I confess and repent of him/her receiving any word curses spoken over him/her, and I ask you to help him/her forgive and release himself/herself and others for speaking these word curses over him/her. I break all word curses over \_\_\_\_\_ right now in the Name of the Lord Jesus Christ, and I ask that he/she receive Your divine blessings to replace these word curses, in Jesus' Name.

## 5. Pray for release from bitterness and painful memories

On behalf of \_\_\_\_\_, I confess and repent of any anger or bitterness he/she has towards You or others, Lord, for allowing these sins, curses, word curses and soul ties in his/her life. I ask you to forgive him/her and help him/her to forgive himself/herself and all those involved, and to receive Your forgiveness, in Jesus' Name.

Lord, please help \_\_\_\_\_ to be released from the emotional power of painful memories and other memories, and to realize that in some cases You may have wanted him/her to move on to a new season in life. Please heal his/her soul wounds, and replace these memories with the knowledge that he/she is loved and cared for by You, in Jesus' Name.

## 6. Cast out demons

In the Name of the Lord Jesus Christ, on behalf of \_\_\_\_\_, I renounce and break all agreements with the demons and strongholds of (list all of them).

In the Name of the Lord Jesus Christ, I take authority over and bind the demons and strongholds of (list all of them), and I command you to leave \_\_\_\_\_ now in the Name of the Lord Jesus Christ. Do not go into anyone else in the building. Leave the building now, leave the property and leave the area. Leave his/her home now, leave his/her property and leave the area, in Jesus' Name. Thank you, Lord, for setting \_\_\_\_\_ free!

## 7. Pray for God's blessings and the infilling of the Holy Spirit

On behalf of \_\_\_\_\_, I joyfully accept the divine exchange Christ made for him/her on the cross of Calvary. All these sins, curses, word curses, and soul ties are now broken in the Name of the Lord Jesus Christ, and I ask You, Lord, to give \_\_\_\_\_ Your divine blessings in his/her life to replace them, in Jesus' Name.

Lord, please help \_\_\_\_\_ to understand that the power to overcome these sins is in You and Your Holy Spirit, not in self-effort, and to turn to You for help in resisting them. Please help him/her to be (saved, and) filled with the Holy Spirit in order to resist sin in the future. Sin shall have no dominion in \_\_\_\_\_'s life. Please help \_\_\_\_\_ to feel conviction and to repent when falling into those old sinful habits, in Jesus' Name. Thank You, Lord, that whom the Son sets free is free indeed. Amen.

*Nearly all of the above prayers are adapted from Mark Virkler's seven "[Prayers That Heal the Heart](#)," book and CDs. He acknowledges contributions to the prayers "from several ministries. Most of the ministry steps are drawn from *Ministry Tools for Restoring the Foundations, Proclaiming His Word, Santa Rosa Beach, FL*"*

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<http://www.cwgministries.org/seven-prayers-heal-heart-adopted-interceding-others>