

Praying On the Armour of God

Ephesians 6:13-18 (CEV)

So put on all the armor that God gives. Then when that evil day comes, you will be able to defend yourself. And when the battle is over, you will still be standing firm. Be ready! Let the truth be like a belt around your waist, and let God's justice protect you like armor. Your desire to tell the good news about peace should be like shoes on your feet. Let your faith be like a shield, and you will be able to stop all the flaming arrows of the evil one. Let God's saving power be like a helmet, and for a sword use God's message that comes from the Spirit. Never stop praying, especially for others. Always pray by the power of the Spirit. Stay alert and keep praying for God's people.

Prepare yourself for each day's spiritual challenges by making the following prayer part of your morning routine:

"Dear Lord, as I get out of bed today, I know I'm stepping onto a battlefield. But I also know You've given me everything I need to stand firm. So in the power of Your Holy Spirit, I put on the armor of God:

"First, I place the helmet of salvation on my head. Protect my mind and imagination. Guard my eyes, allowing no sin to creep in. Focus my thoughts on the things of God. Let the breastplate of righteousness keep my heart and emotions safe. I pray that I won't be governed by my feelings, but by truth. Wrap Your Word around me like a belt. And safeguard me from error. I put on the sandals of peace to guide my steps. Plant my feet in Your truth. Empower me to stand firm against attack.

"Next, I take up the shield of faith. Protect me from Satan's fiery arrows. Place me shoulder to shoulder with Your army to oppose the Devil's schemes. Finally, I take up the sword of the Spirit, Your Word. Help me to read the Bible in a fresh, exciting way so I will always be ready to deflect attacks and pierce hearts with Your truth.

"I know I'll face assaults today, Lord. But You've empowered me to stand firm. Give me strength for the battle today. Amen."

*Thanks for joining the journey of following and trusting Jesus with me.
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